

FOR WOMEN OF STYLE & SUBSTANCE

MORE[®]

7 HAIR SECRETS

YOU'LL WISH
YOU'D HEARD
YEARS AGO

KATE
WALSH

LIFE Rx FROM THIS TV DOC:
"I'VE ALWAYS HAD THAT
COURAGE THING DOWN"

APRIL 2011
MORE.COM

Curtain Bluff

Antigua, West Indies

BEST FOR Couples.

THE NEWS One of the Caribbean's oldest and most highly regarded all-inclusive luxury resorts now has an oceanfront spa.

THE SCENE Set in 20 acres of tropical gardens on the southern tip of Antigua, bracketed by a tranquil bay and a vibrant Caribbean surf beach.

THE SPA Five treatment rooms, a 10-person hot tub and a relaxation room with a water view. A fitness center offers yoga and Pilates classes.

TREATMENTS A standard roster of facials, body treatments and massages—with a few surprises thrown in (caviar and Champagne massage, anyone?).

LODGING Seventy-two rooms and suites with mahogany beds, wicker furniture and ceiling fans. All have ocean views and balconies. Most luxurious are the two one-bedroom suites.

CUISINE Chef Christophe Blatz uses Caribbean produce and flavors in his French cooking (grilled ginger-marinated fillet of wahoo).

ACTIVITIES Tennis, squash, sailing, windsurfing, snorkeling, kayaking and deep-sea fishing top the long list.

TRY Watching the sunset from the rooftop whirlpool.

TAB Rooms start at \$595 a night for two guests, including three meals and all activities; 888-289-9898, curtainbluff.com.



+ Curtain Bluff's relaxation space (above). Seared tuna (below) from Las Brisas, Fairmont Mayakoba's premier restaurant.

Fairmont Mayakoba

Riviera Maya, Mexico

BEST FOR A girlfriends' getaway.

THE NEWS It's the big new resort on the Yucatán peninsula's most exclusive strip of beach.

THE SCENE Tall thatched roofs on a beachfront studded with palm trees

and laced with lagoons, 42 miles south of Cancún.

THE SPA The Willow Stream Spa has 20 treatment rooms, one mineral pool and a sundeck with a waterfall. A fitness studio offers Pilates and yoga classes.

TREATMENTS The Golf Performance Treatment and the Jet Lag Recovery use local ingredients.

LODGING Rooms in a four-story hotel and two-story casitas, all with terrace or balconies.

CUISINE Las Brisas for seafood on the beach, El Puerto for Caribbean lobster and Mexican fare, La Laguna (light, healthy eats) and Café Maya (sandwiches, ice cream).

ACTIVITIES An 18-hole golf course, plus the Mayan ruins at Tulum, snorkeling

